

Cheeseburger

Microwave Instructions:

- 1) Take the Hamburger out of packaging and place on a microwave safe plate.
- 2) Microwave on High for 30 seconds.
- 3) Check the Hamburger Patty and flip it over.
- 4) Microwave on High for another 30 seconds.
- 5) Check Again.
- 6) Continue cooking 30 seconds at a time until Hamburger Patty is cooked throughout. It should reach 165 degrees F for best food safety practices.
- 7) Let it cool for 1-2 minutes, layer the hamburger patty and cheese slice on the bun and enjoy.

Oven Instructions:

- 1) Preheat your oven to 400 degrees F.
- 2) Locate a sheet pan or aluminum foil.
- 3) If you have cooking spray, grease the pan.
- 4) Lay the Hamburger out on the pan.
- 5) Bake the Hamburger for about 5 minutes.
- 6) Check the Hamburger and flip it over.
- 7) Bake for another 3-5 minutes and check again. Continue checking until it is baked throughout.
- 8) The Hamburger should reach 165 degrees F for best food safety practices.
- 9) Let it cool for 1-2 minutes, layer the hamburger patty and cheese slice on the bun and enjoy

*Please cook the food before eating. The Oregon School District is not responsible if you do not cook the food to the proper temperature.

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