

**Oregon Pool**  
**249 Brook St., Oregon, WI 53575**  
**608-835-8617**

<b>Oregon Pool Summer Schedule</b>							
<b>June 14 – August 28</b>							
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	
	<b>Lap Swim</b> 5:30am – 6:30am	<b>Lap Swim</b> 5:30am – 6:30am	<b>Lap Swim</b> 5:30am – 6:30am	<b>Lap Swim</b> 5:30am – 6:30am	<b>Lap Swim</b> 5:30am – 6:30am		
	<b>Lap Swim</b> 6:45am – 7:45am	<b>Lap Swim</b> 6:45am – 7:45am	<b>Lap Swim</b> 6:45am – 7:45am	<b>Lap Swim</b> 6:45am – 7:45am	<b>Lap Swim</b> 6:45am – 7:45am		
	<b>Water Exercise</b> 8:15am – 9:15am	<b>Water Exercise</b> 8:15am – 9:15am	<b>Water Exercise</b> 8:15am – 9:15am	<b>Water Exercise</b> 8:15am – 9:15am	<b>Water Exercise</b> 8:15am – 9:15am		
	<b>Swim Lessons</b> 9:30am – 12:00pm	<b>Swim Lessons</b> 9:30am – 12:00pm	<b>Swim Lessons</b> 9:30am – 12:00pm	<b>Swim Lessons</b> 9:30am – 12:00pm	<b>Swim Lessons</b> 9:30am – 12:00pm		
<b>Lap Swim</b> 12:00pm – 1:00pm	<b>Water Exercise</b> 12:00pm – 1:00pm	<b>Lap Swim</b> 12:00pm – 1:00pm	<b>Water Exercise</b> 12:00pm – 1:00pm	<b>Lap Swim</b> 12:00pm – 1:00pm	<b>Water Exercise</b> 12:00pm – 1:00pm	<b>Lap Swim</b> 12:00pm – 1:00pm	
<b>Open Swim</b> 1:15pm – 2:15pm	<b>Open Swim</b> 1:15pm – 2:15pm	<b>Open Swim</b> 1:15pm – 2:15pm	<b>Open Swim</b> 1:15pm – 2:15pm	<b>Open Swim</b> 1:15pm – 2:15pm	<b>Open Swim</b> 1:15pm – 2:15pm	<b>Open Swim</b> 1:15pm – 2:15pm	
<b>Lap Swim</b> 2:30pm – 3:30pm	<b>Open Swim</b> 2:30pm – 3:30pm	<b>Open Swim</b> 2:30pm – 3:30pm	<b>Open Swim</b> 2:30pm – 3:30pm	<b>Open Swim</b> 2:30pm – 3:30pm	<b>Open Swim</b> 2:30pm – 3:30pm	<b>Lap Swim</b> 2:30pm – 3:30pm	
<b>Family Swim</b> 3:45pm – 4:45pm	<b>Cleaning</b> 3:30pm – 4:00pm	<b>Cleaning</b> 3:30pm – 4:00pm	<b>Cleaning</b> 3:30pm – 4:00pm	<b>Cleaning</b> 3:30pm – 4:00pm	<b>Cleaning</b> 3:30pm – 4:00pm	<b>Open Swim</b> 3:45pm – 4:45pm	
	<b>OCSC</b> 4:00pm – 6:00pm		<b>OCSC</b> 4:00pm – 6:00pm		<b>OCSC</b> 4:00pm – 6:00pm		
	<b>Swim Lessons</b> 6:00pm – 9:00pm	<b>Lap Swim</b> 6:00pm – 7:00pm	<b>Swim Lessons</b> 6:00pm – 9:00pm	<b>Water Ex</b> 6:00pm – 7:00pm	<b>Swim Lessons</b> 6:00pm – 9:00pm	<b>Lap Swim</b> 6:00pm – 7:00pm	<b>Water Ex</b> 6:00pm – 7:00pm
		<b>Open Swim</b> 7:00pm – 8:00pm		<b>Open Swim</b> 7:00pm – 8:00pm		<b>Open Swim</b> 7:00pm – 8:00pm	
		<b>Lap Swim</b> 8:00pm – 9:00pm		<b>Lap Swim</b> 8:00pm – 9:00pm		<b>Lap Swim</b> 8:00pm – 9:00pm	
<b>OCSC</b> 4:00pm – 7:00pm							

**Attention: The Oregon Pool will be CLOSED Sunday, July 4th.**

**PLEASE NOTE:** The pool will close 15 minutes after the last activity is over. Please be sure to complete your swimming in time to be out of the locker room by closing time. Parents need to pick up their children within this 15 minute period. Please notify the pool at 608-835-8617 if you are going to be delayed.

**OREGON POOL SWIM DESCRIPTIONS – SUMMER 2021:** *Swims are open to both Oregon residents and non-residents.*

**Family Swim:** Children must be accompanied in the water by a member of their own family who is 18 years of age or older. A responsible teen, or adult, must be in water with a child who cannot touch the pool's bottom at the 3 foot end at all times; the recommended height is 4 foot. **Lap Swim:** Open to All Ages. You may swim at your own pace, but you must swim laps for recreation and/or conditioning. A minimum of two lanes will be available. Masks, fins, and snorkels are allowed in lap swim. **Open Swim:** Open to All Ages. Children under the age of seven (7) must be accompanied by a responsible teen or adult. This teen or adult must be in the water at all times with a child who cannot touch the pool's bottom at the 3 foot end at all times; the recommended height is 4 foot. **Water Exercise:** For Older Teens and Adults of All Ages. The class is 45 min. Both swimmers and non-swimmers are welcome! Class Includes: warm-up, stretching and toning, aerobics and a cool-down. Adapt workout to your own level. Deep-water exercise with flotation devices may be included on Thursday nights. **Whirlpool:** For Ages 18 and Over. May be used during all regularly scheduled recreational swims. It may not be used during lessons or water exercise. Please follow guidelines posted on the door and wall of the whirlpool room.