

# Oregon School District Family Resource Newsletter

## Beat Summer Blahs with ideas from these web sites:

For summer crafts, recipes, and games, try <http://holidays.kaboose.com/summer/>

Don't forget to visit the Oregon Public Library and enroll your child in their summer reading program for points and prizes! Here's a list of books to get you started: <http://www.kidsturncentral.com/topics/books.htm>

## Take time to look at the stars with your child!

### Stay In touch this summer!

Don't forget to ask:  
Who will you be with,  
What will you be doing  
Where will you be,  
When will you be back

## Keeping Home Safe

When was the last time you cleaned out your medicine cabinet? Abuse of prescription medications among kids is increasing, and they're most likely to find the drugs in a home medicine cabinet. And remember that younger children can overdose on relatively small quantities of medicines.

Now's a great time to do it and make your home a safer place!

**Med Drop is a once-a-year opportunity to dispose of unneeded medicines.** It is FREE to all Wisconsin households. Here are the details:

**When:** Saturday, June 6 from 9 am to 1 pm  
**Where:** City of Madison Transfer Station, 121 E Olin Ave OR Middleton High School Parking Lot, 2100 Bristol St.

Thanks to the Madison Patient Safety Collaborative for sponsoring this event!

## Summer Fun

### FREE FAMILY FLOAT NIGHT

This activity is open to family groups who are residents of the Oregon School District. A minimum of one adult (age 18 or older) from each family must accompany their children in the pool. Families may bring air mattresses, inner tubes or their favorite inflatable pet with them to the pool. No water-wings please. There will be lifeguards at all sides of the pool. Root beer floats will be served on the pool patio at 5pm. FREE, but registration is required! Call the pool at 835-8617 or stop in and sign up. There are only 150 spots available to keep this a safe and fun family activity.

**Location** Oregon Pool  
**Time** 4:00pm - 5:30pm

**Date** Sunday, July 19

### NATIONAL NIGHT OUT

This is a community-wide FREE event with food, fun and free stuff for everyone! A free outdoor movie at the Oregon Swimming Pool will start at 8:30 pm. (Rain location: the large gym at Netherwood Knoll) No registration is required. This is a community event to have a safe night out and learn about local companies

**Sponsors** Oregon Police Department, Oregon Fire/EMS  
**Time** 5:00pm - 8:00pm  
**Movie Time** 8:30pm  
**Date** Tuesday, August 4

### OREGON KIDS TRIATHLON

The Oregon Community Swim Club along with the Oregon Pool will be hosting the 4<sup>th</sup> Annual Oregon Kids Triathlon. The event format will be pool swim, in-village bike course and on-trail run course. We will have participation awards, T-shirts, goody bags and age-group awards. This race is limited to the first 500 kids that sign up. Go online to get more details about this fun event.

**Sponsors:** Oregon Community Swim Club and the Oregon Pool  
**Time** 7:00am - 12:00pm  
**Date** Saturday, August 8  
**Fee** \$30.00  
**Website** [www.oregonkidstri.com](http://www.oregonkidstri.com)

## Summer Camps and Learning Experiences

There are still some opening for summer sports camps for younger athletes. Vision [http://www.oregonsd.org/summer\\_camps.cfm](http://www.oregonsd.org/summer_camps.cfm) for information. Community Education is also offering some classes with kids in mind. Visit [http://www.oregonsd.org/site\\_uploads/news/newsfile2831\\_3.pdf](http://www.oregonsd.org/site_uploads/news/newsfile2831_3.pdf)