

Name _____

Hour _____

PHYSICAL

EXTRA CREDIT FOR HEALTH CLASS

BRING IN UPTO 3 HEALTH TOPIC
ARTICLES FROM CURRENT
NEWSPAPERS TO RECEIVE UP TO 2
EXTRA CREDIT POINTS EACH

MENTAL/
EMOTIONAL

SOCIAL

DIRECTIONS:

- 1) ARTICLE TOPIC SHOULD RELATE TO A UNIT WE ARE EXPLORING IN HEALTH CLASS.
- 2) STUDENT MUST GIVE A SHORT WRITTEN SUMMARY OF ARTICLE ON PAPER.
- 3) IN SUMMARY EXPLAIN THE UNIT OF HEALTH AND PART OF THE WELLNESS DIAMOND IT RELATES TO.

SPIRITUAL